**Primrose Hill PPG/Practice Meeting Notes**

**25th August 2022**

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|  | **Action** |
| * **Present:**
	+ PPG: John Nutt, Chair (taking notes), David Nissan, Sally McKenzie, Jeremy Cullen, Clare Wright (prospective committee member).
	+ Practice: Dr Abanti Paul, Dr Kiran Sodha, Sanjay Ahuha (Practice Manager), Lauren Hill (Pharmacist), Izabela Rudnik (Operations Manager – for part of meeting)
* **Minutes of last meeting 19th May 2022**
	+ **Staffing**: Dr Kiran Sodha will be involved with GP training and will initiate a new project for pre-diabetes education; Dr Farah Farooq will be starting next month – she will be involved with women's maternity medicine and GP training.; Two new receptionists have been appointed; Ms Micha Bedwell as well as acting as administrator will be responsible for Social Prescribing.A new mental health nurse, Joyce Tanner, will be offering face-to-face sessions with patients on Wednesday mornings and there is also a weekly team meeting with Dr Duncko, Psychiatrist, on Fridays. Mental health patients are identified through the 3 tier triage system.
	+ **New Practice website** – has been up and running for some weeks now and it was agreed that the new look is a big improvement and easier to navigate. Izabella reported that the last PPG/Practice meeting minutes had been published on the site.
	+ **Telephones**: Patient calls are now being answered by other members of the team during peak hours, not just by reception.
	+ **Appointments**: Roughly 50% of appointments were now face-to-face and the remainder via telephone or video.
* **Blood Tests:** For a temporary period, due to staff holidays, blood tests were not being offered in house but the situation should be back to normal later in September, unless given priority.
* **Covid-19 Vaccinations:** From 5th September the NHS will be rolling out a new Moderna vaccination. It is not clear when PH Surgery will receive its supply and Pfizer ones may be offered in the interim. It is planned that patients receiving vaccinations at the surgery will be offered blood pressure checks and reviews if appropriate. Belsize Priory Clinic is moving to new premises so it is unclear at this stage how the Autumn roll-out will be managed.
* **Long-Covid:** Patients reporting symptoms are managed via the NCL referral process. Incidence of late is low, mainly due to seasonal reasons.
* **Premises expansion:** No NHS funding will be available for the foreseeable future so any plans are on hold for now.
* **Blood Pressure Project:** Lauren is heading up this initiative to identify and treat those patients at risk from elevated BP. 50 BP monitors are on loan so that patients can test their BP at home over a 5 day period to avoid 'white coat syndrome'. Patients who wish to purchase their own monitors for personal use will be offered a discount code. It was agreed that more publicity needs to be given to the importance of monitoring individuals' BP. Some 700 plus patients had been identified with v.high blood pressure. It was agreed that Lauren would write an article for inclusion in 'On The Hill' to help in promoting the initiative – John to liaise with Maggie Chambers, editor & Lauren on this.
* **Pre-diabetes & diabetes pilot education programme:** Dr Sodha explained that he had been given funding to develop a new Pre-diabetes awareness programme starting in September. The aim was to develop a better & more effective programme than that currently being offered (ie a 6 month programme via MS Teams delivered by outside agencies). 8 session over 12 weeks are envisaged with particular emphasis on low-carb diet as well as exercise and stress management. Some discussion ensued and it was felt that ideally face-to-face sessions would be preferable but probably the sessions would be delivered via video link.
* **Complaints data:** was shared in an anonymised way – only 3 complaints since the last meeting which had been answered/resolved. Dr Paul also commented that the practice was receiving good positive comments via the new website.
* **Practice List**: Continues to grow at some 20 extra patients each month and now stands at some 7,600 patients.
* **PPG AGM & Open Meeting with guest speaker:** to be postponed to November.
* **Date of next meeting: 11 am Wednesday 5th October 2022**

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